



Medi-Cal Voluntary Inpatient Detox (VID) Quick Guide

Health Plan	Medi-Cal Specialty Mental Health Services ¹	Medi-Cal Managed Care Plan Behavioral Health Services ²
Aetna Better Health	San Diego Access & Crisis Line (888) 724-7240	Aetna Better Health (855) 772-9076
Blue Shield CA Promise Health Plan	San Diego Access & Crisis Line (888) 724-7240	Blue Shield CA Promise Health Plan (855) 321-2211
Community Health Group	San Diego Access & Crisis Line (888) 724-7240	Behavioral Health Services (800) 404-3332
Health Net	San Diego Access & Crisis Line (888) 724-7240	Managed Health Network (MHN) (888) 426-0030
Kaiser Permanente	San Diego Access & Crisis Line (888) 724-7240	Kaiser Permanente, Department of Psychiatry (877) 496-0450
Molina Healthcare	San Diego Access & Crisis Line (888) 724-7240	Molina Healthcare (888) 665-4621
United Healthcare	San Diego Access & Crisis Line (888) 724-7240	United Healthcare (866) 270-5785

(*Medi-Cal beneficiaries can access a County Behavioral Health program directly.)

(*For emergencies call 911 or the Access & Crisis Line at (888) 724-7240)

Medi-Cal Specialty Mental Health Services¹

County Behavioral Health Services covers inpatient and outpatient **Medi-Cal Specialty Mental Health** services to all Medi-Cal beneficiaries including those on a Medi-Cal Managed Care Plan. Covered benefits are for clients with serious and persistent psychiatric illness requiring complex biopsychosocial services in order to maintain stability. These services are commonly provided by San Diego County's contracted network and inpatient psychiatric hospitals.

Substance Use Treatment

(SEE REVERSE SIDE FOR VOLUNTARY INPATIENT DETOX INFORMATION)

Medi-Cal beneficiaries can receive substance abuse services through the County Behavioral Health Services' Alcohol and Drug Program. These programs can be accessed by calling the Access & Crisis Line. Medi-Cal beneficiaries in need of Acute Medical Detoxification are covered by their Medi-Cal Managed Care Plan. Acute Medical detoxification means treatment in an acute medical facility for a serious medical condition relating to substance withdrawal.

Medi-Cal Managed Care Plan Behavioral Health Services²

Medi-Cal Managed Care Plans cover behavioral health services for members who do not qualify for **Specialty Mental Health** covered by the County. Each Medi-Cal Managed Care Plan has their own network of contracted behavioral health providers.

Consumer Center for Health Education & Advocacy

The Consumer Center for Health Education & Advocacy helps beneficiaries understand how to use physical and behavioral health services. If there is a problem getting necessary care through a managed care plan, members and providers should first contact the plan's customer service department. In most cases, the health plan will resolve the issue. Occasionally, a plan member may feel his/her needs are not being met and may need a third party to help break down a barrier. The Consumer Center works closely with the health plans to figure out where the barrier is and how to resolve the problem. The Consumer Center for Health Education & Advocacy number is: (877) 734-3258.

Voluntary Inpatient Detox (VID)

Benefit/Authorization Process	Eligibility								
<p>Medi-Cal beneficiaries, including those on a Medi-Cal Managed Care Plan who meet medical necessity criteria may receive voluntary inpatient detoxification (VID) services in a general acute care hospital.</p> <p><i>These services are covered by the Department of Health Care Services (Medi-Cal Fee for Service).</i></p> <p><u>Exclusion</u></p> <p>Detoxification of cannabinoids, stimulants, or hallucinogens alone does not require inpatient level of medical intervention; however, multiple substance abuse with components of alcohol, opiates, or sedatives may be considered for inpatient admission.</p> <p><u>How to access care</u></p> <p>To receive these services, the MCP must refer its member to a VID provider in a general acute care hospital. The VID provider facility must not be a Chemical Dependency Treatment Facility or Institution for Mental Disease. The VID provider must submit a Treatment Authorization Request (TAR) to local field offices for approval (888) 724-7302. The MCP must provide care coordination with the VID provider as needed. Additional documents submitted with the TAR should verify that the beneficiary's condition satisfies admissions criteria and demonstrates the medical necessity for the inpatient stay.</p> <p>Call any general acute care medical hospital to inquire how to access care in their particular facility</p>	<p>Medical criteria for inpatient admission for voluntary inpatient detoxification must include one or more of the following:</p> <p>1. Delirium tremens, with any combination of the following clinical manifestations with cessation or reduced intake of alcohol/sedative:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; padding: 5px;">o Hallucinations</td> <td style="width: 50%; padding: 5px;">o Disorientation</td> </tr> <tr> <td style="padding: 5px;">o Tachycardia</td> <td style="padding: 5px;">o Hypertension</td> </tr> <tr> <td style="padding: 5px;">o Fever</td> <td style="padding: 5px;">o Agitation</td> </tr> <tr> <td style="padding: 5px;">o Diaphoresis</td> <td></td> </tr> </table> <p>2. Clinical Institute Withdrawal Assessment Scale for Alcohol, revised (CIWA-Ar) form score greater than 15.</p> <p>3. Alcohol/sedative withdrawal with CIWA score greater than 8 and one or more of the following high risk factors:</p> <ul style="list-style-type: none"> o Multiple substance abuse; o History of delirium tremens; o Unable to receive the necessary medical assessment, monitoring, and treatment in a setting with a lower level of care; o Medical co-morbidities that make detoxification in an outpatient setting unsafe; o History of failed outpatient treatment; o Psychiatric co-morbidities; o Pregnancy; or o History of seizure disorder or withdrawal seizures. <p>4. Complications of opioid withdrawal that cannot be adequately managed in the outpatient setting due to the following factors: Persistent vomiting and diarrhea from opioid withdrawal; and Dehydration and electrolyte imbalance that cannot be managed in a setting with a lower level of care.</p> <p>Detoxification of cannabinoids, stimulants, or hallucinogens alone does not require inpatient level of medical intervention; however, multiple substance abuse with components of alcohol, opiates, or sedatives may be considered for inpatient admission.</p> <p style="text-align: center;">San Diego Medi-Cal Local Field Office</p> <p>Phone (888) 724-7302 P.O. Box 85344 Fax (888) 724-7301 San Diego, CA. 92186-5344</p>	o Hallucinations	o Disorientation	o Tachycardia	o Hypertension	o Fever	o Agitation	o Diaphoresis	
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<p>Aetna Better Health (855) 772-9076 Aetnabetterhealth.com</p>	<p>Blue Shield CA Promise Health Plan (855) 321-2211 Blueshieldca.com/promise</p>	<p>Community Health Group (800) 404-3332 Chgsd.com</p>	<p>Health Net (MHN) (888) 426-0030 Healthnet.com</p>	<p>Kaiser Permanente (877) 496-0450 Kp.org</p>	<p>Molina Healthcare (888) 665-4621 MolinaHealthcare.com</p>	<p>United Healthcare (866) 270-5785 Uhccommunityplan.com</p>
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